

8060 Montgomery Rd, Ste 600 Cincinnati, OH 45236 p: 513-667-7319 f: 513-791-1503

# CLASSIC BOWL BAR



#### **HIGHLY CUSTOMIZABLE**

Allow everyone to dig in and create their own bowl filled with their perfect blend of flavors.

\$11.99 /person \$12.99 /person with cookie (10 person minimum)

#### comes with:

rice (brown or cilantro lime) sub quinoa (\$1/person)

black beans

protein (freshly grilled chicken, freshly grilled steak, organic tofu)

your choice of 3 salsas

house hot sauce

jack cheese, romaine lettuce, sour cream or creamy lime dressing

individual bags of chips

- ADD: tortilla sides \$7 (pack of 12)
  - sour cream side \$7 (serves 8-10)
  - creamy lime dressing side \$7 (serves 8-10)
  - hand smashed guac \$10 (serves 6-8)
  - additional salsa side \$7 (serves 8-10)

# POWER BOWL BAR



### HIGHIY **CUSTOMIZABLE**

Our power bowl bar includes nutrient rich superfoods that will make you feel great.

Create your own greens and grains based bowls filled with a variety of flavorful ingredients.

\$12.99 /person

(20 person minimum)

choose two: kale, arugula, romaine

choose two: house vinaigrette, cucumber tahini, spicy cashew

choose one: chicken, steak, tofu

included: quinoa and brown rice, spiced lentils, carrots, edamame, cucumbers, tomatoes, golden raisins, feta cheese, chick peas, almonds, house hot sauce

add:

house made guacamole \$10 (serves 6-8)

hummus \$10 (serves 10-12) dressing side \$10 (serves 8-10)

# SIGNATURE BOWLS, BURRITOS & SALADS (10 person minimum)

small burritos \$6.79/person regular burritos \$7.79/person bowls \$7.99/person

salad no protein \$7.99/person salad w/ protein \$8.99/person

add chips \$1.99/person

## BEVERAGES

\$5.00 /gallon

(Serves 8-10 people)

FRESHLY BREWED ICED TEA (UNSWEET) GREEN TEA WITH HONEY (LIGHTLY SWEET) **LEMONADE** 

BOTTLED WATER \$2.49 /person