

currito INDIVIDUAL INGREDIENT ALLERGY CHART

SOME INDIVIDUAL INGREDIENTS ARE TECHNICALLY GLUTEN FREE OR NUT FREE.
WE CANNOT GUARANTEE THAT ITEMS ARE FREE FROM CROSS CONTAMINATION.

| INGREDIENTS | DAIRY | EGGS | GLUTEN | PEANUTS | SOY | TREENUT | FISH | VEGETARIAN | VEGAN | INGREDIENTS | DAIRY | EGGS | GLUTEN | PEANUTS | SOY | TREENUT | SESAME | VEGETARIAN | VEGAN |
|---------------------------|-------|------|--------|---------|-----|---------|------|------------|-------|---------------------------------|-------|------|----------------|---------|-----|----------|--------|------------|-------|
| Grilled Chicken | | | | | | | | | | Jack Cheese | DAIRY | | | | | | | VEGETARIAN | |
| Grilled Steak | | | | | | | | | | Feta Cheese | DAIRY | | | | | | | VEGETARIAN | |
| Organic Tofu | | | | | SOY | | | VEGETARIAN | VEGAN | Guacamole | | | | | | | | VEGETARIAN | VEGAN |
| Cilantro Lime Rice | | | | | | | | VEGETARIAN | VEGAN | Plantains | | | | | | | | VEGETARIAN | VEGAN |
| Brown Rice | | | | | | | | VEGETARIAN | VEGAN | Hummus | | | | | | | SESAME | VEGETARIAN | VEGAN |
| Farro | | | GLUTEN | | | | | VEGETARIAN | VEGAN | House Vinaigrette | | | | | | | | VEGETARIAN | VEGAN |
| Sweet Potatoes | | | | | | | | VEGETARIAN | VEGAN | Spicy Cashew Vinaigrette | | | | | | TREE NUT | SESAME | VEGETARIAN | VEGAN |
| Quinoa | | | | | | | | VEGETARIAN | VEGAN | Cucumber Tahini Yogurt Dressing | DAIRY | | | | | | SESAME | VEGETARIAN | |
| Black Beans | | | | | | | | VEGETARIAN | VEGAN | Creamy Lime | DAIRY | EGGS | | | SOY | | | VEGETARIAN | |
| Chick Peas | | | | | | | | VEGETARIAN | VEGAN | Apple Cider Vinaigrette | | | | | | | | VEGETARIAN | VEGAN |
| Curried Chick Peas | DAIRY | | | | | | | VEGETARIAN | | Lemon Herb Ranch Dressing | | EGGS | | | SOY | | | VEGETARIAN | |
| Crispy Onions | | | GLUTEN | | | | | VEGETARIAN | VEGAN | Sour Cream | DAIRY | | | | | | | VEGETARIAN | |
| Romaine Lettuce | | | | | | | | VEGETARIAN | VEGAN | Buffalo Sauce | | | | | SOY | | | VEGETARIAN | VEGAN |
| Kale | | | | | | | | VEGETARIAN | VEGAN | Thai Peanut Sauce | | | | PEANUTS | SOY | | SESAME | VEGETARIAN | VEGAN |
| Arugula | | | | | | | | VEGETARIAN | VEGAN | Tikka Masala Sauce | DAIRY | | | | | | | VEGETARIAN | |
| Asian Cabbage Blend | | | | | | | | VEGETARIAN | VEGAN | Rice Noodles | | | GLUTEN | | | | | VEGETARIAN | VEGAN |
| Cucumbers | | | | | | | | VEGETARIAN | VEGAN | Slivered Almonds | | | | | | TREE NUT | | VEGETARIAN | VEGAN |
| Carrots | | | | | | | | VEGETARIAN | VEGAN | Pumpkin Seeds | | | | | | | | VEGETARIAN | VEGAN |
| Scallions | | | | | | | | VEGETARIAN | VEGAN | Carolina Gold BBQ | | | | | | | | VEGETARIAN | VEGAN |
| Edamame | | | | | SOY | | | VEGETARIAN | VEGAN | Sweet & Smoky Seasoning | | | | | | | | VEGETARIAN | VEGAN |
| Golden Raisin | | | | | | | | VEGETARIAN | VEGAN | Flour Tortilla | | | GLUTEN & WHEAT | | | | | VEGETARIAN | VEGAN |
| Caribbean Caesar Dressing | DAIRY | EGGS | | | | | FISH | | | | | | | | | | | | |

| ITEM | INGREDIENTS | DAIRY | EGGS | GLUTEN | PEANUTS | SOY | TREENUT | SESAME | VEGETARIAN | VEGAN |
|--------------------------|---|-------|------|--------|---------|-----|---------|--------|------------|-------|
| White Corn Tortilla Chip | Ground corn treated with lime, water, vegetable oil (contains one or more of the following: cottonseed oil, corn oil), salt | | | | | | | | VEGETARIAN | VEGAN |
| Corn Salsa | Corn, red onion, jalapeño, lime juice, kosher salt, cilantro, black pepper, oil blend | | | | | | | | VEGETARIAN | VEGAN |
| Pico de gallo Salsa | Roma tomatoes, onion, cilantro, jalapeño, lime juice, kosher salt | | | | | | | | VEGETARIAN | VEGAN |
| Mango Salsa | Mango, red bell pepper, red onion, jalapeño, lime juice, kosher salt | | | | | | | | VEGETARIAN | VEGAN |
| Roasted Tomato | Fire-roasted tomatoes, yellow onion, jalapeño, kosher salt, garlic, cilantro, chipotle pepper, water, vinegar, lime juice | | | | | | | | VEGETARIAN | VEGAN |
| House Hot Sauce | Garlic, jalapeño, chipotle pepper, kosher salt, habanero powder, white vinegar, water, agave | | | | | | | | VEGETARIAN | VEGAN |

currito BOWL INGREDIENT ALLERGY CHART

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| GRAINS | INGREDIENTS | DAIRY | EGGS | GLUTEN | PEANUTS | SOY | TREE NUT | SESAME | FISH | VEGETARIAN | VEGAN |
|------------------|--|-------|------|--------|---------|-----|-----------------|--------|------|------------|-------|
| Classic | Black beans, corn salsa, roasted tomato salsa, jack cheese, cilantro lime rice, sour cream | DAIRY | | | | | | | | VEGETARIAN | |
| Bangkok | Thai Peanut Sauce, cilantro lime rice, cucumber, Asian cabbage blend, carrots, almonds, spicy cashew vinaigrette, sesame seeds | | | | PEANUTS | SOY | CASHEW & ALMOND | SESAME | | VEGETARIAN | VEGAN |
| Mediterranean | House made hummus, house vinaigrette, feta, tomato salsa, cucumber, brown rice | DAIRY | | | | | | SESAME | | VEGETARIAN | |
| Carolina | Cilantro lime rice, carolina bbq sauce, corn salsa, cabbage, crispy onions, sweet & smoky seasoning, lemon herb ranch dressing | | EGGS | GLUTEN | | SOY | | | | VEGETARIAN | |
| Buffalo | Buffalo sauce, cilantro lime rice, romaine, carrots, scallions, lemon herb ranch | | EGGS | | | SOY | | | | VEGETARIAN | |
| Tikka Masala | Tikka Masala Sauce, curried chickpeas, cucumber, cilantro lime rice, cucumber tahini yogurt dressing | DAIRY | | | | | | SESAME | | VEGETARIAN | |
| Summer | Black beans, mango salsa, jack cheese, cilantro lime rice, pico de gallo, creamy lime dressing | DAIRY | EGGS | | | SOY | | | | VEGETARIAN | |
| Harvest | Farro, sweet potato, almond, arugula, pumpkin seed, golden raisin, house vinaigrette | | | GLUTEN | | | ALMOND | | | VEGETARIAN | VEGAN |
| GREENS | INGREDIENTS | | | | | | | | | | |
| Monterrey | Romaine lettuce, pico de gallo, corn salsa, black beans, jack cheese, scallions, creamy lime dressing. | DAIRY | EGGS | | | SOY | | | | VEGETARIAN | |
| Spicy Thai | Romaine and asian cabbage, carrots, rice noodles, slivered almonds, sesame seeds, edamame, scallions, spicy cashew vinaigrette | | | GLUTEN | | SOY | CASHEW & ALMOND | SESAME | | VEGETARIAN | VEGAN |
| Superfood | Kale, arugula, quinoa, carrots, edamame, chickpeas, feta, golden raisins, almonds, house vinaigrette | DAIRY | | | | SOY | ALMOND | | | VEGETARIAN | |
| Caribbean Caesar | Romaine, kale, arugula, feta, mango salsa, pico salsa, caesar dressing, plantains | DAIRY | EGGS | | | | | | FISH | | |
| SMOOTHIES | INGREDIENTS | | | | | | | | | | |
| Berry Blend | Unsweetened vanilla almond milk, blueberry, strawberry, blackberry, raspberry, agave, lime | | | | | | ALMOND | | | VEGETARIAN | VEGAN |
| Healthnut | Unsweetened vanilla almond milk, strawberry, banana, almonds, agave, cacao, cashew butter | | | | | | | | | VEGETARIAN | VEGAN |
| Supergreen | Unsweetened vanilla almond milk, kale, banana, coconut oil, agave, lime | | | | | | ALMOND | | | VEGETARIAN | VEGAN |
| Strawbana 2.0 | Orange juice, apple juice, greek yogurt, strawberry, banana, agave | DAIRY | | | | | | | | VEGETARIAN | |
| VitaBoost | Orange juice, lime, mango, strawberry, turmeric, agave nectar | | | | | | | | | VEGETARIAN | VEGAN |
| Nutella | Whole organic milk, all natural vanilla bean ice cream, nutella | DAIRY | EGGS | | | | HAZELNUT | | | VEGETARIAN | |
| Jimmy Carter | Whole organic milk, all natural peanut butter, banana, all natural vanilla bean ice cream | DAIRY | EGGS | | PEANUTS | | | | | VEGETARIAN | |